











# HUNGER ACTION MONTH™



SEPTEMBER 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> Make your Facebook profile "Turn Orange for Hunger Relief™"	<b>2</b> Post this calendar on the office fridge 	<b>3</b> Hunger Action Day!™ WEAR ORANGE	<b>4</b> Read the current <i>FRESH THOUGHTS</i> e-newsletter. Go to <a href="http://www.secondharvestfoodbank.org">www.secondharvestfoodbank.org</a>	<b>5</b> Organize a Walk Against Hunger
<b>6</b> Like Second Harvest on 	<b>7</b> Organize a brow bag lunch at work and donate the lunch money to Second Harvest	<b>8</b> Host a <i>Hunger in America 2014</i> hunger statistics salon	<b>9</b> Search for hunger relief initiatives on YouTube and share our videos with your friends	<b>10</b> Tour Second Harvest Food Bank	<b>11</b> Donate 30 nonperishable items to Second Harvest	<b>12</b> Watch the film <i>30 Days on Minimum Wage</i>
<b>13</b> Grandparents Day! Send a donation to Second Harvest in their honor. 	<b>14</b> Volunteer at Second Harvest	<b>15</b> Follow Second Harvest on Twitter 	<b>16</b> Invite a friend to join you for <i>A CULINARY BENEFIT GENEROUS Helpings</i>	<b>17</b> View poverty stats for your county at <i>Map the Meal Gap</i>	<b>18</b> Fill out a paper plate about your ACTION PLAN 	<b>19</b> Make coffee at home. Donate the difference to Second Harvest 
<b>20</b> Honor the "Hunger Heroes" in your Community 	<b>21</b> Invite your local representative to visit Second Harvest	<b>22</b> Bookmark our website <a href="http://www.secondharvestfoodbank.org">www.secondharvestfoodbank.org</a>	<b>23</b> Share a hunger fact with friends <small>FeedingAmerica.org/MaptheGap</small>	<b>24</b> Write a letter to a newspaper editor about hunger	<b>25</b> Donate a grocery store gift card to Second Harvest 	<b>26</b> Register to vote or encourage others to register 
<b>27</b> Attend <i>A CULINARY BENEFIT GENEROUS Helpings</i> 	<b>28</b> Add your support to Feeding America's <i>Feeding A Strong Future</i> pledge on Facebook	<b>29</b> Organize a Tuna Tuesday food drive	<b>30</b> Sign up to receive <i>FRESH THOUGHTS</i> e-newsletter	Bring a nonperishable food item to Cedar Point on these designated days and receive a discount coupon for your next visit this year.		

Second Harvest Food Bank of North Central Ohio  
 Ending Hunger in Lorain, Erie, Huron & Crawford Counties

